



Let's Talk about Health

Neighborhood Summit 2017

University Medical Center

» Dec 2nd, 2017

CITY OF NEW ORLEANS





Agenda

I. Welcome

II. Community Health Assessment

III. Health and Equity

IV. Activity: Community Themes & Strengths

V. Q&A

VI. Closing



Objectives

1. To understand the role that social and economic factors play in determining health outcomes
2. To understand how health equity creates stronger more sustainable communities
3. To identify priority issues, existing assets, and perceptions of quality of life in our communities
4. To create opportunities for future conversations about health and equity

I. 2017-2018 COMMUNITY HEALTH ASSESSMENT



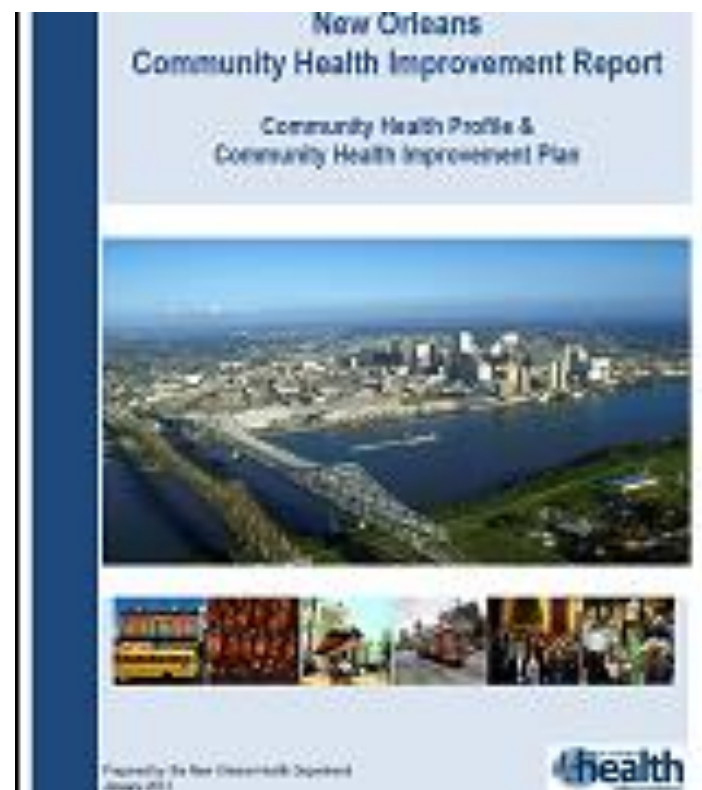
Community Health Improvement

- Engage residents, Local Public Health System, and community leaders
- Collaborative and inclusive process that is ongoing with the goal of improving health
- Activities:
 - Assessment phase
 - Action phase (planning, implementation, evaluation)



Community Health Assessment (CHA)

- Conducted every 3-5 years
- First CHA: 2011-2012
- Second CHA: 2017-2018
- Led by the Health Department
- Driven by community leaders
 - 50 person Steering Committee
 - 15 person Core Advisory group





Why conduct a CHA?

In order to get a comprehensive understanding of health *issues* and *opportunities* for health improvement in New Orleans



What does it look like?

- Engage:
 - Local Public Health System organizations
 - Local decision makers
 - Community residents and leaders
 - Data analysts, organizations collect/store data
- Conduct:
 - Focus groups
 - Community events/forums/meetings
 - Key informant interviews
 - Surveys



What is the CHA used for?

- To organize communities around an issue
- To aid in community planning efforts
- To support policy development and advocacy efforts
- Examples of practical uses:
 - Long term strategic plan
 - Grant writing
 - Special reports (neighborhood/zip code, race/gender, issue area)



Community Voice

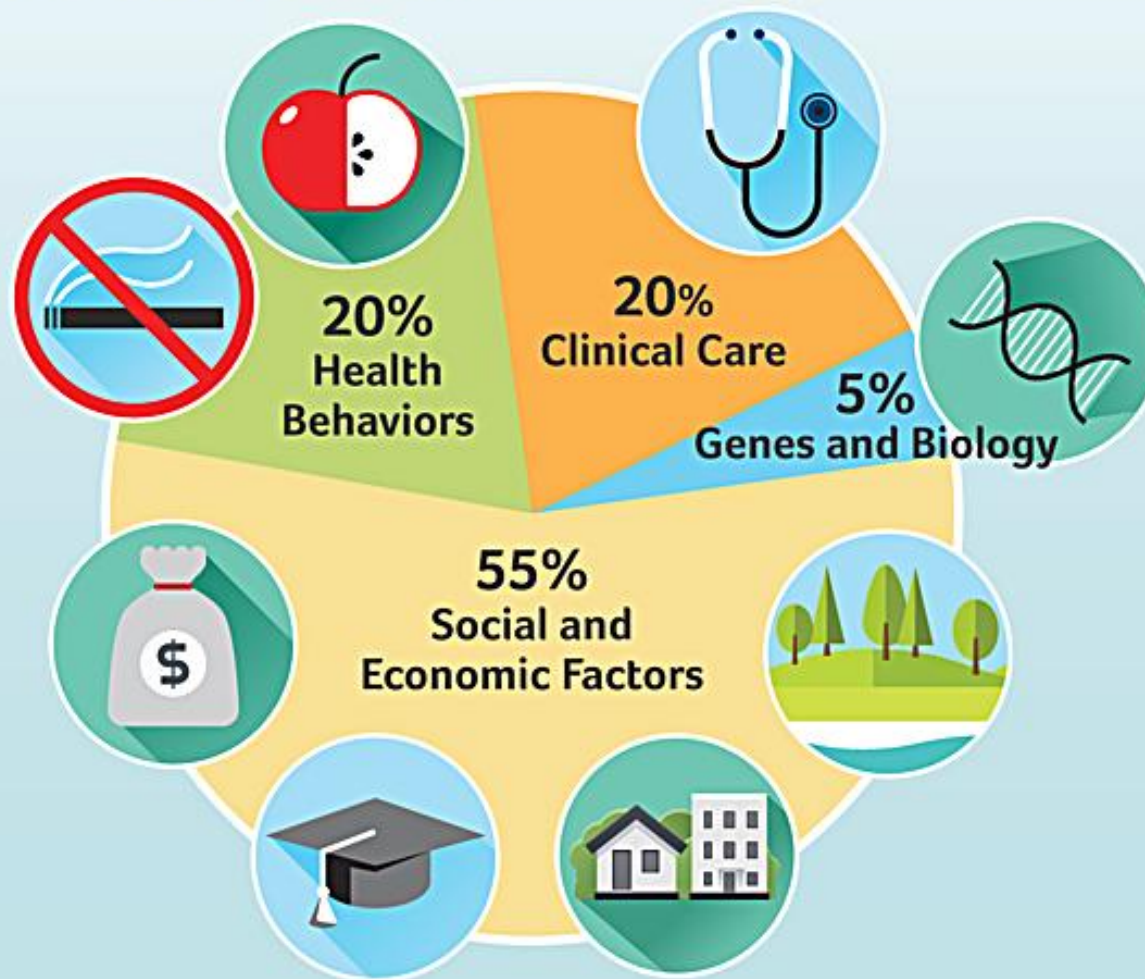
We want to hear from you!

- Community voice is a critical part of any CHA
- Ensures alignment between systems and residents
- Ensures sustainability of any intervention

II. HEALTH AND EQUITY

Health starts where we live, learn, work and play.

WHAT MAKES US HEALTHY?



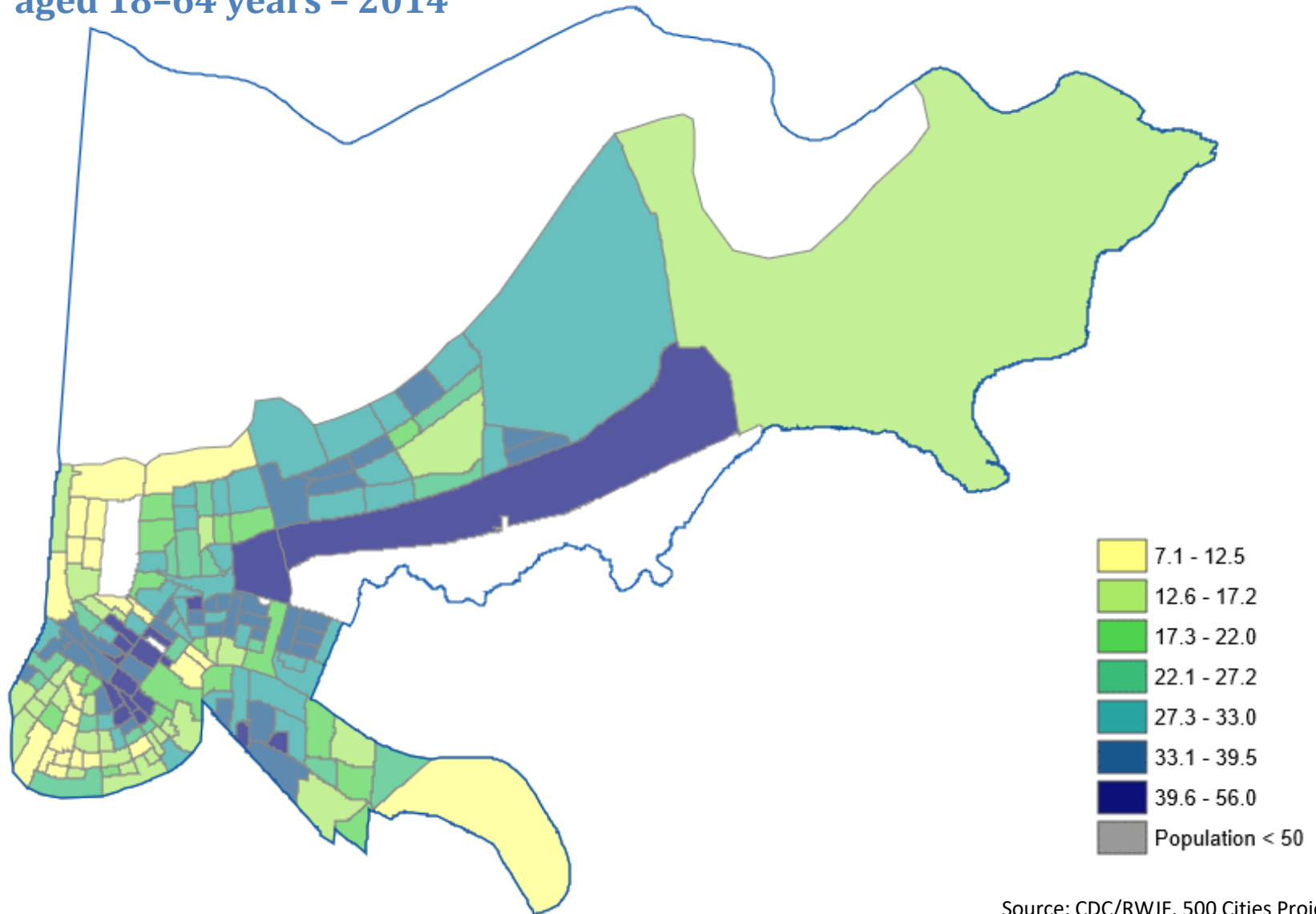
Adapted from <http://www.cdc.gov/socialdeterminants/FAQ.html>

Source: Tacoma-Pierce
Equity Assessment, 2015



Access to Health Insurance

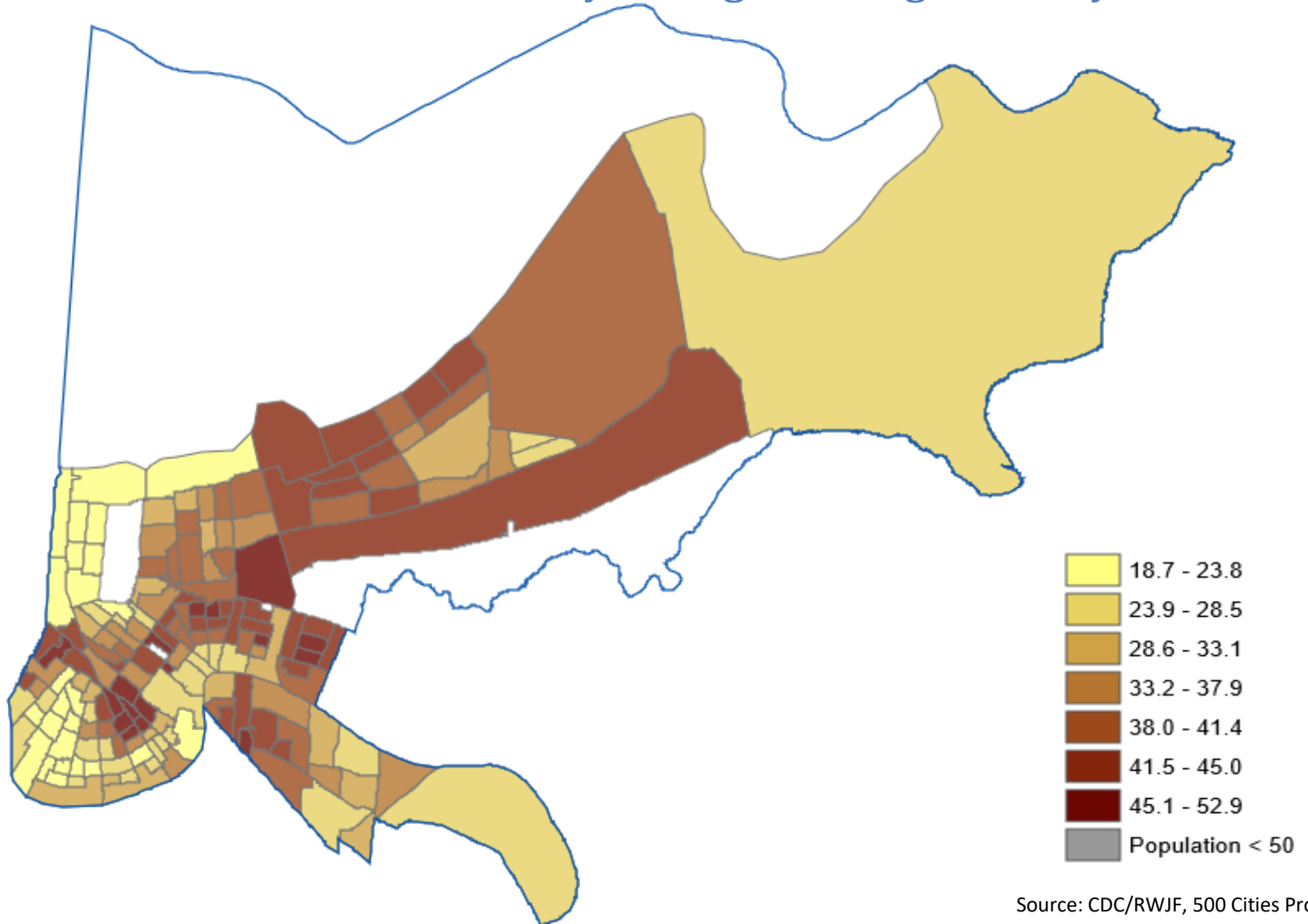
Model-based estimates for current lack of health insurance among adults aged 18-64 years - 2014



Source: CDC/RWJF, 500 Cities Project

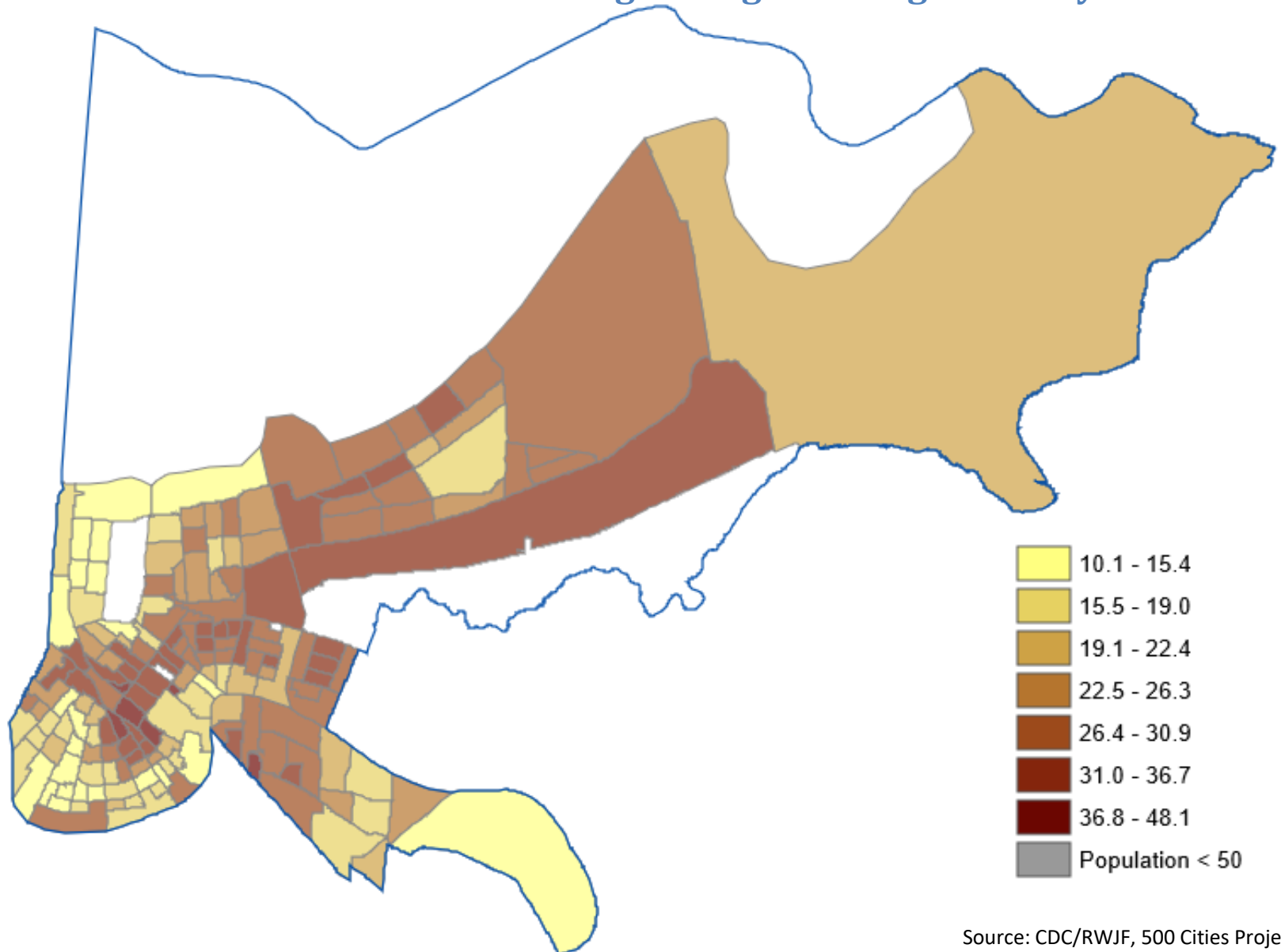
Obesity

Model-based estimates for obesity among adults aged ≥ 18 years – 2014



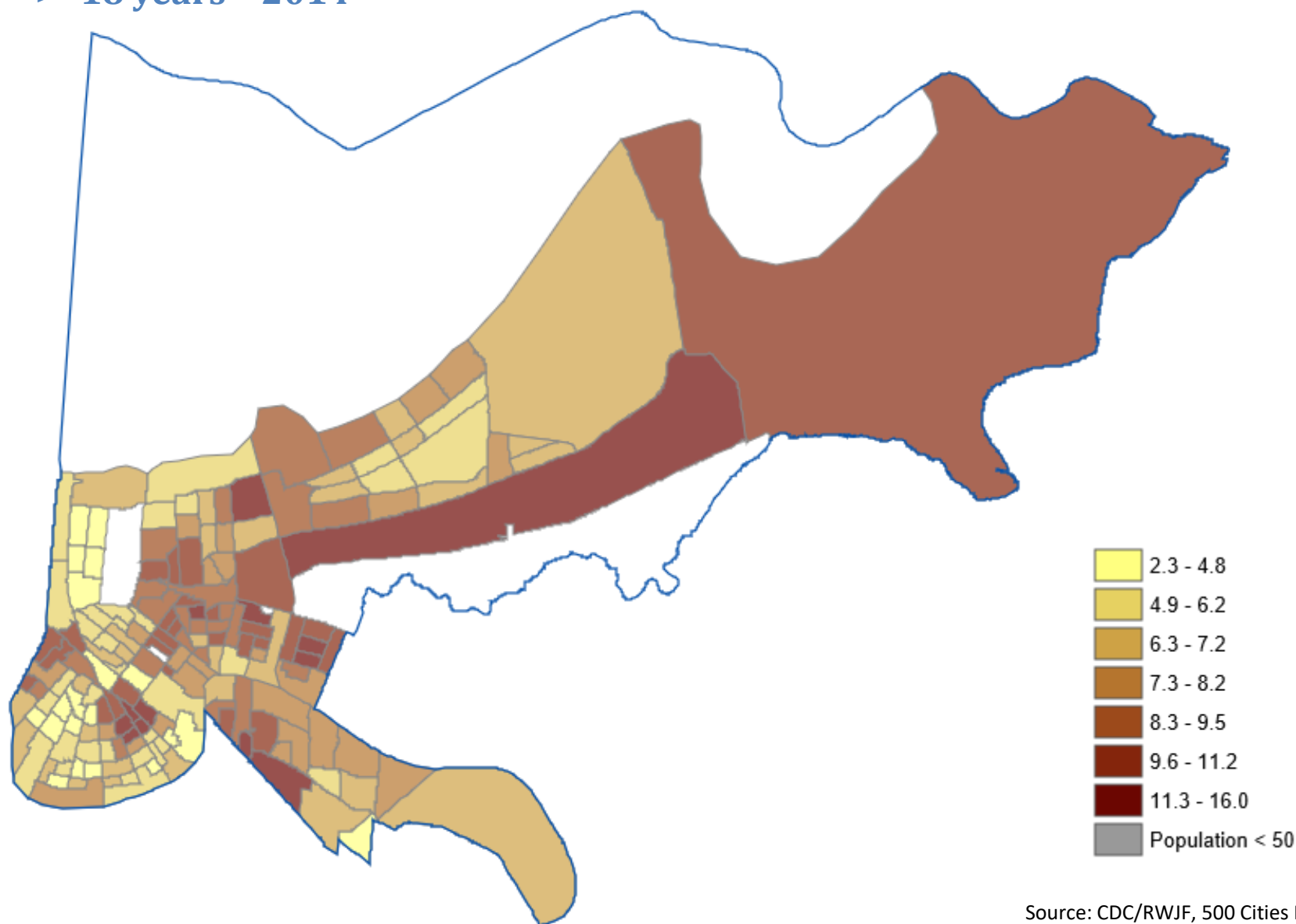
Smoking

Model-based estimates for current smoking among adults aged ≥ 18 years – 2014



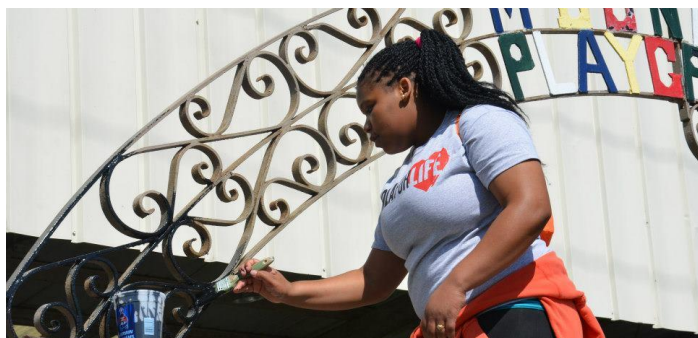
Coronary Heart Disease

Model-based estimates for coronary heart disease among adults aged
>=18 years - 2014



Source: CDC/RWJF, 500 Cities Project

What do we Mean by Health Equity?

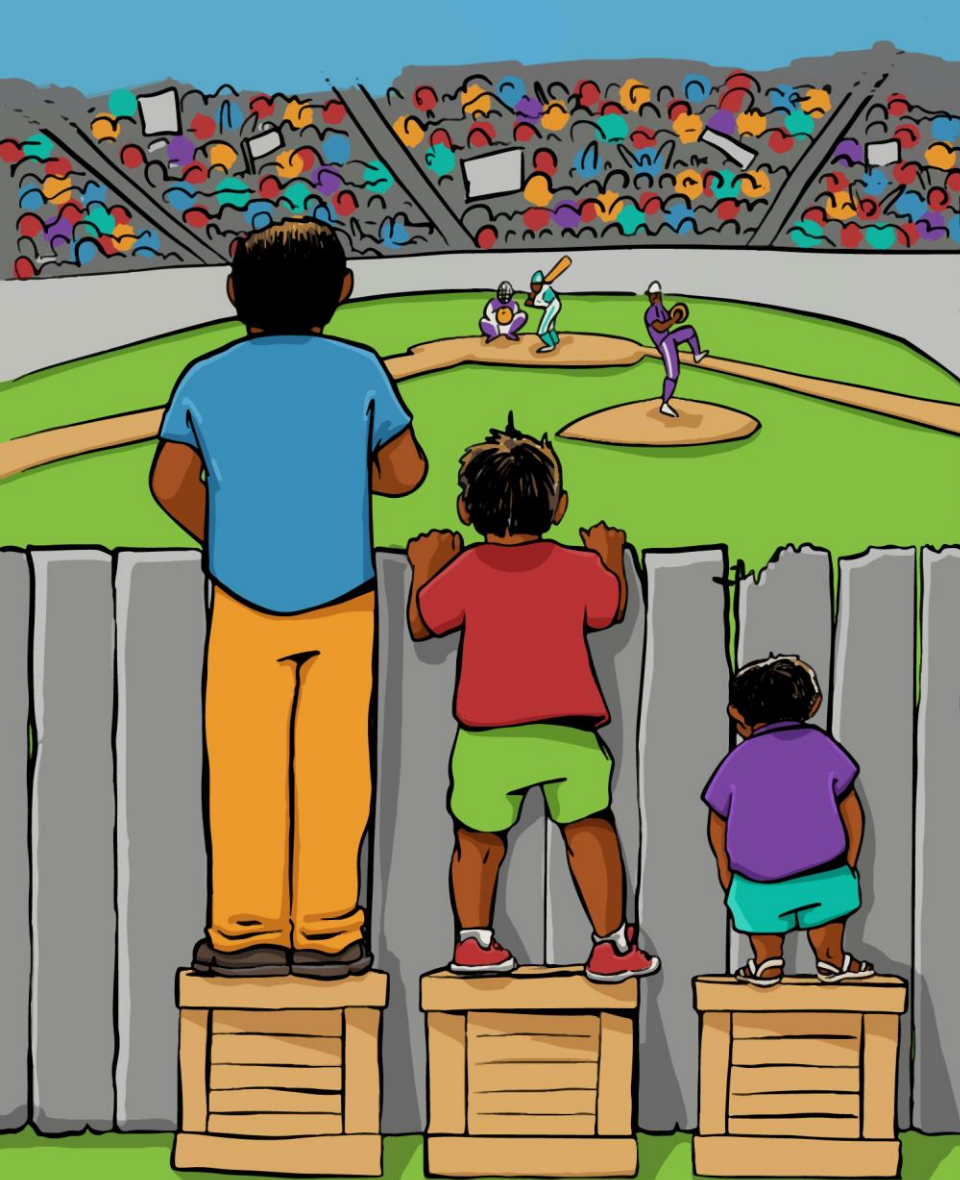


Health equity means all people and communities have the opportunity to attain their full potential and highest level of health.

Achieving health equity requires:

- Valuing everyone equally
- Focusing on eliminating inequities experienced by those with greater obstacles to health, based on characteristics historically linked to discrimination, exclusion, i.e. racism
- Addressing the social, economic and environmental conditions that create unjust differences in health status and opportunities for health in communities.





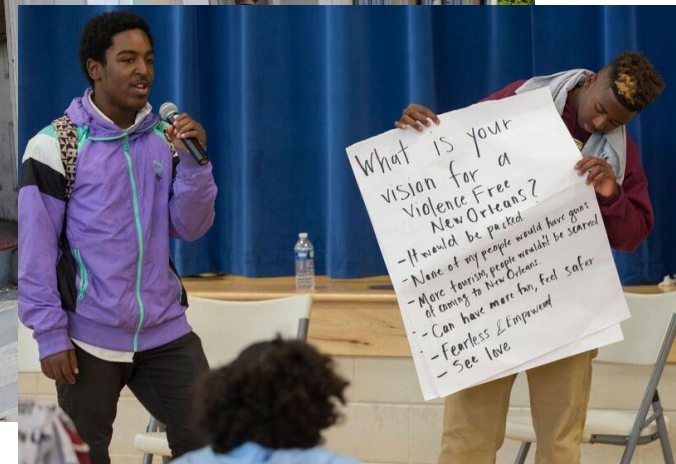
EQUALITY



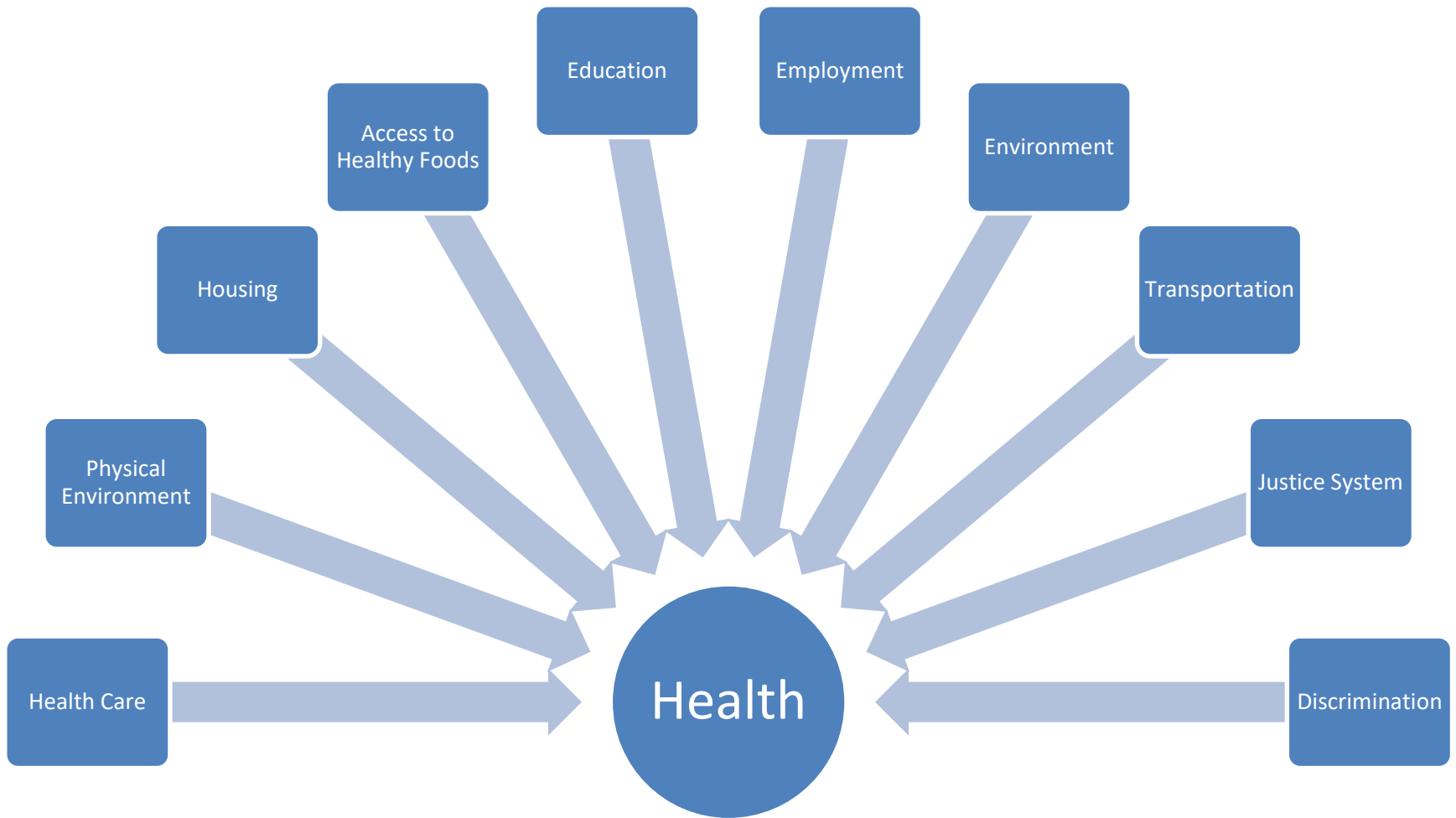
EQUITY

What Does an Equity Lens Look Like in Practice?

- Building internal capacity and infrastructure
- Promoting policy and systems change
- Increasing community voice and influence
- Sharing data to support action
- Building cross-sector partnerships
- Delivering culturally responsive services



Cross Sector Work



III. COMMUNITY THEMES AND STRENGTHS



Activity #1: Priority Issues

- What are the barriers to health that exist in your community?
- Name the TOP THREE



Activity #2: Community Assets

- What assets exist in your community that support health?
- Name the TOP THREE



Activity #3: Quality of Life

- **RWJF:**

- Health related Quality of life is how healthy people feel while alive
- Includes overall health, physical health, and mental health

- **CDC:**

- An individual or group's perceived physical and mental health over time



Activity #3: Quality of Life

- How would you rate the quality of life in your community?
- Rate on a scale of 1 (poor) to 5 (great)



Activity #3: Quality of Life

- What did you rate quality of life in your community?
- For what reasons?



Report Out

- What were the common themes across the communities represented here?
- Were there any issues or assets that you think were missed?



Questions?



Next Steps

Stay Connected

- Subscribe to our e-newsletter, A Healthy New Orleans for All, www.nola.gov/health
- Follow us on Twitter and Facebook
- Receive the full report shared mid 2018

Get involved

- Share the Community Health Survey
- Contact Jodi to engage your community or to attend events in your area



Contact

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